

# the inside track



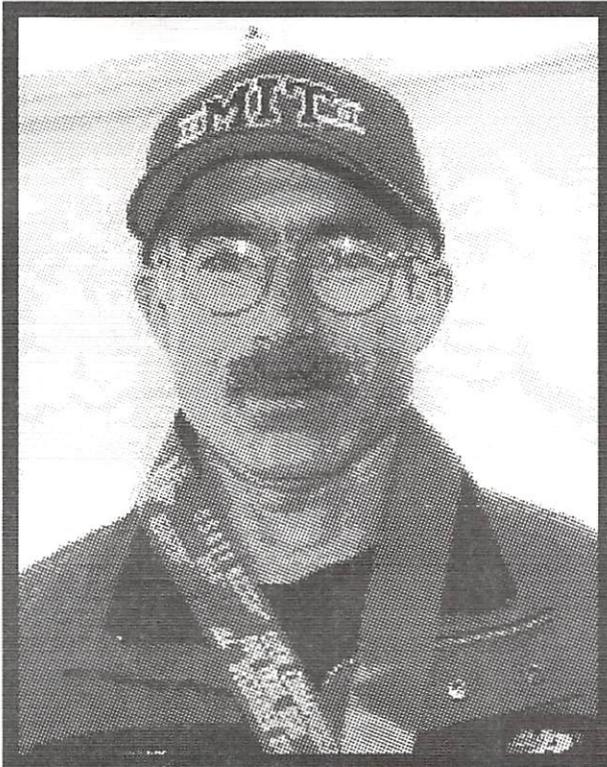
February 2002 - March 2002

A PUBLICATION OF THE FORT WAYNE TRACK CLUB



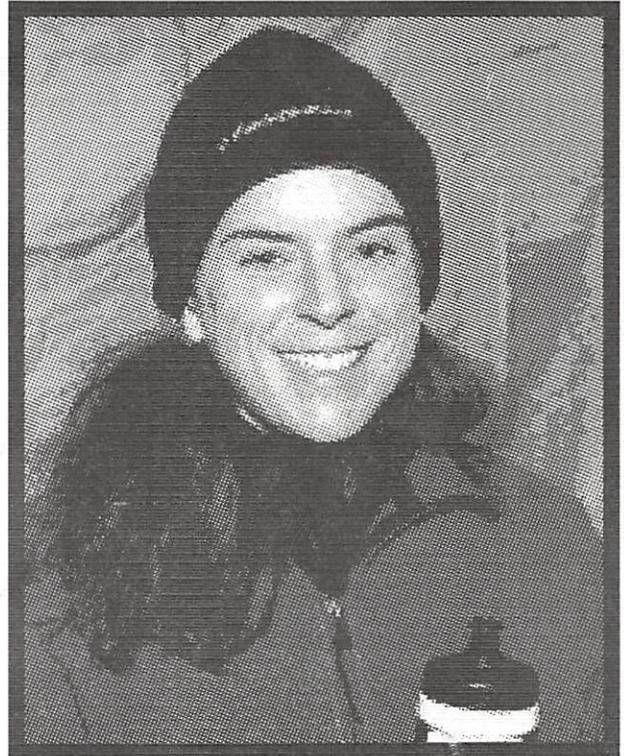
## HUFF Huntington Ultra Frigid Fifty

50K Race along the Banks of the Wabash  
Saturday, December 29, 2001  
Huntington, Indiana



**Jim Garcia**

Overall winner in 3:39



**Anne Riddle**

First place woman in 4:16

Check out our website at [www.fwtc.org](http://www.fwtc.org)

# 2002 Fort Wayne Track Club Officers and Board Members

## OFFICERS

<b>President</b>	William Harris	(219) 485-9805	bharr2000@aol.com
<b>Vice-President</b>	Vern Ceder	(219) 745-4295	vceder@fwtc.org
<b>Secretary</b>	Vincent & Carol Garcia	(219) 489-6134	garcia,vincent@marion-in.va.gov
<b>Treasurer</b>	Don Lindley	(219) 432-5998	lindleyd@fortwayne.infi.net

## FWTC BOARD MEMBERS

Donald A Anderson	489-5225	
Lynn E Armstrong	486-3971	learnstrong47@home.com
William A Crane	268-1007	wcrane77@hotmail.com
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Alan Gilbert	433-7728	albert04@aol.com
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Judy Tillapaugh	456-3277	tillapau@ipfw.edu
Laurie Whisler	486-8056	
Roger L Wilson	485-6119	

### Membership Coordinators

Don Lindley (219) 432-5998

### Equipment Coordinators

JP Jones (219) 745-7339  
 Don Lindley (219) 432-5998  
 Paul Ausderan (219) 436-4446  
 Paul Knott (219) 485-1917

### FWTC INFORMATION

FWTC Mailing Address: Fort Wayne Track Club, PO Box 11703, Fort Wayne, IN 46860-1703

FWTC Telephone Number: 436-2234

The FWTC is a member of the RRCA, Club #23 - USATF Club #45

**New for 2002 Co-Editors of the inside track**  
**Tim O'Connell**  
**Rose O'Connell**

**Phone 485-2370**  
**Email - troconnell@aol.com**

Check out our web site at [www.fwtc.org](http://www.fwtc.org)

**22nd Annual Nutri-Run**  
**20km &**  
**5 Mile Road Race**

**9:00 AM, Saturday**  
**March 23, 2002**

**Location:** The Chapel (New Location) (2 Miles from old start)  
2505 West Hamilton Rd  
Fort Wayne, IN 46814

**Course:** Out and back course on rolling hills

<b><u>Entry Fees:</u></b>	Entry fee includes Tank Top	<b><u>By 3/19</u></b>	<b><u>Race Day</u></b>
	Fort Wayne Track Club members	\$10.00	\$15.00
	Non-FWTC members	\$12.00	\$15.00
	Add'l Tank Tops Only	\$ 7.00	\$ 7.00

Bring a non-perishable food item for St. Mary's Soup Kitchen

<b><u>Event Schedule:</u></b>	Registration	7:00-8:45 AM
	Race Start	9:00 AM
	Awards	10:30 AM

**Awards:** Bread from the Mill to all open and category winners  
Cash awards 20K only as follows:

<b><u>Male</u></b>		<b><u>Female</u></b>	
Open Winner	\$150	Open Winner	\$150
Open 2nd Place	\$75	Open 2 <sup>nd</sup> Place	\$75
Open 3 <sup>rd</sup> Place	\$50	Open 3 <sup>rd</sup> Place	\$50
Masters Winner	\$50	Masters Winner	\$50

**Age Groups(20K):** 14-Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54  
55-59,60-64,65-69, 70 & Over. Male and Female

**Age Groups(5M):** 13-Under, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 &  
Over. Male and Female

**Contact:** Sam Stephens, Race Director (260) 471-1688  
Email: samstephens5@aol.com

# Nutri-Run Entry Form

Prize Money Category (must check one): \_\_\_\_\_ Open; \_\_\_\_\_ Masters (40-49)

Name: \_\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_

Age on 3/23/2002: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

FWTC Member: Yes \_\_\_\_\_ No \_\_\_\_\_ Circle Tank Top Size: S M L XL XXL

**Entry Fee:**

Race Fee \_\_\_\_\_

Extra Tank Tops (\$7.00) \_\_\_\_\_

Total Amount Enclosed =====

Make checks payable to Fort Wayne Track Club (or FWTC) and mail to:

FWTC Nutri-Run  
C/o Don Lindley  
P. O. Box 11703  
Fort Wayne, IN 46860

**Waiver:** In consideration of the acceptance of my entry, I, for myself, my executors and assignees, acknowledge that I have read, understand and agree to the following: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants; the effect of the weather, including precipitation and cold or hot temperatures; traffic and the conditions of the road and trail, all such risk being known and appreciated by me. For my safety I understand that bicycles, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and the release the Fort Wayne Track Club, all sponsors, all volunteers, the Board of Commissioners of Allen County, Southwest Allen County Schools, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I permit my photograph or likeness to be used for any legitimate purpose.

Signature of participant: \_\_\_\_\_

Date: \_\_\_\_\_

If participant is under 18, a parent or guardian must sign on the minor's behalf.



# 2002 Awards Banquet

**Sunday, February 10, 2002**  
**Walb Ballroom, IPFW Campus**

**Social time - 5:00 pm**

**Dinner - 5:30 pm**

**Awards - 6:00 pm**

Please join us at this years FWTC banquet!  
 The doors open at 5:00 for time to visit and catch up with good friends.  
 Watch the mail for more details and invitations with RSVP.

We are interested in putting together a slide show showcasing area running events.  
 If you have any race photos you would like to share, please mail them to us and they  
 will be returned at the banquet.

**Jeff & Kim Milleman**  
**10910 Sherrelwood Court**  
**Fort Wayne, IN. 46845**  
**home: 219-490-9626 work: 219-470-9988**  
**millemandds@aol.com**

**FORT WAYNE TRACK CLUB**  
**MEANS "VOLUNTEERS"**

Please indicate your areas of interests.

- OFFICER
  - President
  - Vice President
  - Secretary
  - Treasurer
- RACE DIRECTOR
  - Major Race
  - Fanny Freezer
  - Fun Run
  - Training run
- ASSISTANT RACE DIRECTOR
- EQUIPMENT COORDINATOR
  - Monitor Maintenance of Equipment
- RACE SCHEDULE COORDINATOR
- RACE WALKING COORDINATOR
- MEMBERSHIP
- BOARD MEMBER
- FINISH LINES
  - Timer
  - Results

- COURSE TIMER
- WATER STATIONS
- MEASURE & SET UP COURSE
  - Certified
  - Uncertified
- CO-ORDINATE CLUB TRIP RACE
  - Carpool
  - Transportation for Handicapped Runners
- NEWSLETTER
  - Editor
  - Race Applications
  - Mailing
  - Advertising Coordinator
  - Businesses
  - Typing race results
- FWTC BANQUET
  - Decorations
  - Program
- FWTC PICNICS
- ADVERTISING - Obtaining Potential Race Sponsors
- PUBLICITY COORDINATOR
  - Send weekly schedules to newspapers
- ANYWHERE NEEDED
- OTHER (Specify) \_\_\_\_\_

SHOW YOUR SUPPORT FOR YOUR FORT WAYNE TRACK CLUB

# So, are you tired of Dieting?

**Then STOP!** Reach out for new healthy habits. Know that one pound of fat is about 3500 calories. It is impossible to lose fat fast!! Aim for ½ to 1 pound loss per week. To lose one pound of fat weight per week consider reducing calorie intake and increasing calorie output by about 500 calories a day. Initially weight loss maybe higher due to some extra fluid loss. For example create a 500 calorie deficit by omitting 300 food calories and expending 200 exercise calories most days of the week. Some 300 food calorie options could be giving up 2 cans of soda or beer, 3 cookies, an order of fries, or scoop of ice cream. 200 exercise calories is 2 miles of running or walking.

## **"High Five" Factors For Fat Loss:**

### **1. Forgiveness**

Forgive yourself for past failures. The past can not be changed. Accept and learn from failures.

### **2. Friendships**

Making lifestyle changes is so much easier when we are not alone. Identify support! Let friends know things they may say or do that would assist you in making blue ribbon choices.

### **3. Fret No More**

Worry is all wasted energy! Go for an "I can do" attitude! Cheer yourself on day by day!

### **4. Food**

Plan for 3 meals and 2 to 3 snacks most days of the week using a variety of nutrition, lean foods.

Go for color by having fruits and vegetables at meals and snacks. Have a whole grain bread or cereal serving at each meal. Have a lean protein food like skin free poultry, meat, fish, beans, or tofu at each meal. Have 2 to 3 lean dairy foods like milk or yogurt each day. Use a little fat at meals. Cut 300 calories per day by reducing some food portions or by eating less high calorie foods. Relax before you start eating. Take a few deep breaths to calm your mind and body.

For a personalized nutrition plan consider scheduling a nutrition consult with a registered dietitian. Out patient dietitians are at all area hospitals, The Medical Group of Fort Wayne, Parkview Health and Fitness Center, Medical Nutritional Therapists, and IPFW

### **5. Fitness**

American College of Sports Medicine (ACSM) recommends an aerobic fitness program 30 to 60 minutes most days of the week. If your just starting a fitness program begin with 10 to 15 minutes, add 3 to 5 minutes week by week. Consider maintaining at 20 to 30 minutes 2 days a week and 40 to 60 minutes 3 days a week. Consider having a regular strength training program 2 to 3 days a week for stronger muscles and better metabolic rate. Begin each fitness time period with a warm up and stretching. Keep exercise intensity at a moderate level. Consult your physician for exercise clearance if you are over 40 and have been sedentary or if your managing or recovering from a health problem like diabetes or heart disease.

Your at a healthy weight when your percent body fat is in a healthy range! For women a healthy range is 18 to 25% body fat. For men a healthy range is 12 to 20%. Limit scale use to once a week! Have your percent body fat checked by a fitness professional.

For more complete fitness guidelines schedule a fitness consult with an ACSM fitness certified professional. Fitness professionals are at sites like The Medical Group of Fort Wayne, YMCA, YWCA, Parkview Health and Fitness Center, and IPFW.

No quick fix exists for blue ribbon weight loss. But know that there is a proven plan that can work for you! Week by week think "healthy lifestyle, not diet". Set weekly behavioral change goals using the "High Five" factors, plan for success, practice, practice, pace yourself.....give yourself a blue ribbon when all goals are finished....there are many waiting for you!

Healthy Day,

Judy Tillapaugh, RD  
IPFW Wellness/Fitness Coordinator

## 2001 HUFF 50K Open

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
1	Robin Hutchinson	Chagrin Falls OH	36	1 M 35-39	3:58:55.
2	Mike McManus	Ft Wayne IN	38	2 M 35-39	4:03:26.
3	Richard PUNCHES	Rockford MI	44	1 M 40-44	4:33:39.
4	Alex Swenson	Chicago IL	37	3 M 35-39	4:33:43.
5	Eric White	Ft Wayne IN	37	4 M 35-39	4:39:40.
6	Stan Nowakowski	Minneapolis MN	45	1 M 45-49	4:44:24.
7	Charles Pendergrass	Clio MI	43	2 M 40-44	4:45:53.
8	Kurt Ziemann	Fort Wayne IN	38	5 M 35-39	4:46:50.
9	Linda Barhorst	Somewhere OH	39	1 F 35-39	4:47:00.
10	Charlie Skoog	Kokomo IN	50	1 M 50-54	4:52:17.
11	Dave Konkey	Porter IN	34	1 M 30-34	4:53:52.
12	Victor Harris	Grants Pass OR	42	3 M 40-44	4:53:59.
13	Dan Distelhorst	Columbus OH	43	4 M 40-44	4:54:02.
14	Nels Ostedgaard	Iowa City IA	26	1 M 25-29	4:56:33.
15	Kim A Lefever	Columbia City IN	45	2 M 45-49	4:56:35.
16	Dan Schroeder	Grand Rapids MI	36	6 M 35-39	4:57:35.
17	Augustin Guevara	Madison WI	40	5 M 40-44	4:58:03.
18	Kurt Molter	North Royalton OH	35	7 M 35-39	5:03:35.
19	Rex Piercy	Logansport IN	50	2 M 50-54	5:09:32.
20	Ken DeBos	Dover OH	37	8 M 35-39	5:12:54.
21	James Smith	Grand Rapids MI	36	9 M 35-39	5:13:56.
22	Jerry Steinhoff	Ft Wayne IN	47	3 M 45-49	5:14:48.
23	Pat Gorman	Barrington IL	43	6 M 40-44	5:16:59.
24	Larry Swanson	Loves Park IL	50	3 M 50-54	5:19:04.
25	Michael Jones	Valparaiso IN	53	4 M 50-54	5:19:18.
26	Jed Pearson	Columbia City IN	50	5 M 50-54	5:19:38.
27	Sandy DeBos	Dover OH	37	2 F 35-39	5:24:03.
28	Robert Ferrell	Indianapolis IN	40	7 M 40-44	5:25:45.
29	Michael Lager	Portage IN	41	8 M 40-44	5:25:50.
30	Gene Black	Camden OH	59	1 M 55-59	5:26:35.
31	Charles T. Evans	Indianapolis IN	45	4 M 45-49	5:29:15.
32	We-haur Pek	Urbana IL	32	2 M 30-34	5:29:16.
33	Spencer Nelson	Champaign IL	32	3 M 30-34	5:29:17.
34	David Gulley	Indianapolis IN	39	10 M 35-39	5:30:31.
35	Bebe Denton	Zionsville IN	38	3 F 35-39	5:30:38.
36	Tom Henson	Zeeland MI	52	6 M 50-54	5:32:19.
37	Scott Wareham	Indianapolis IN	49	5 M 45-49	5:34:10.
38	Jeff Niespodziany	Mishawaka IN	42	9 M 40-44	5:34:11.
39	Ken Sirois	Springboro OH	54	7 M 50-54	5:34:56.
40	Ron Hart	Germantown OH	45	6 M 45-49	5:36:38.
41	Eric Butt	Chicago ILL	24	1 M 20-24	5:37:48.
42	Joe Petite	Dublin OH	51	8 M 50-54	5:38:19.
43	Andrew Ploenzke	Poplar Grove IL	33	4 M 30-34	5:40:05.
44	Jeff LaForce	Libertyville IL	40	10 M 40-44	5:40:13.
45	Marc Laudeman	Bremen IN	45	7 M 45-49	5:41:57.
46	Rita Barnes	Columbus OH	45	1 F 45-49	5:42:22.
47	Bill Wilham	Indianapolis IN	55	2 M 55-59	5:42:24.
48	David Oseland	Holland MI	47	8 M 45-49	5:42:39.
49	Diana Schowe	Auburn IN	37	4 F 35-39	5:43:09.
50	Tom Gladfelder	Schaumburg IL	50	9 M 50-54	5:43:10.
51	James Bretl	Menominee WI	39	11 M 35-39	5:43:52.
52	Ed Rodbro	Wadsworth IL	43	11 M 40-44	5:44:11.
53	Don Frichtl	Paxton IL	45	9 M 45-49	5:45:47.
54	Matt Vander Sys	Grand Haven MI	37	12 M 35-39	5:46:14.
55	Doug Haston	Mooreville IN	39	13 M 35-39	5:49:35.
56	Tony Mazur	Commerce Tpw MI	47	10 M 45-49	5:50:46.
57	Mike Kozlowski	Grand Rapids MI		1 M 0-19	5:51:12.
58	Bill Pustow	Louisville KY	53	10 M 50-54	5:52:23.
59	Chuck Kempema	Middleville MI	54	11 M 50-54	5:52:54.
60	Jeff Day	Mishawaka IN	25	2 M 25-29	5:53:53.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
61	Brent Barta	Zionsville IN	42	12 M 40-44	5:54:37.
62	Gary Hemmelgarn	Dayton OH	51	12 M 50-54	5:56:36.
63	Phil O'Donnell	Defiance OH	42	13 M 40-44	5:57:18.
64	Richard Plezia	Morton Grove IL	43	14 M 40-44	5:59:11.
65	Christine Crawford	Palmyra WI	32	1 F 30-34	5:59:41.
66	David Ghent	Champaign IL	39	14 M 35-39	5:59:51.
67	Donald Litzsey	Grand Rapids MI	58	3 M 55-59	6:00:11.
68	Tom Detore	Unadilla NE	53	13 M 50-54	6:00:13.
69	Tom Landis	Churubusco IN	45	11 M 45-49	6:01:42.
70	Rob Apple	Murfreesboro TN	40	15 M 40-44	6:02:51.
71	Danny Losekamp	Beavercreek OH	48	12 M 45-49	6:03:06.
72	Doug Stadel	Bexley OH	42	16 M 40-44	6:04:36.
73	E Hans Schmidt	Columbia City IN	37	15 M 35-39	6:04:51.
74	Steve Hammann	Muscataine IA	46	13 M 45-49	6:05:49.
75	David L Winters	Huntington IN	52	14 M 50-54	6:08:34.
76	Rich Cromwell	Ney OH	58	4 M 55-59	6:09:16.
77	Jeffery Milleman	Ft Wayne IN	45	14 M 45-49	6:11:19.
78	Kim Milleman	Fort Wayne IN	29	1 F 25-29	6:11:20.
79	Steve Wolf	Hilliard OH	38	16 M 35-39	6:13:19.
80	Jeff Metzger	Ft Wayne IN	40	17 M 40-44	6:14:51.
81	Travis Sybrowsky	Grand Ledge MI	34	5 M 30-34	6:16:05.
82	Robert Constien	Defiance OH	49	15 M 45-49	6:16:08.
83	Nancy Majors	Chicago IL	30	2 F 30-34	6:16:31.
84	Javier Cendejas	Louisville KY	58	5 M 55-59	6:16:50.
85	Rod Evans	West Lafayette IN	50	15 M 50-54	6:17:33.
86	Scott Moss	Cordova IN	44	18 M 40-44	6:17:48.
87	George Beckham	Akron OH	43	19 M 40-44	6:17:49.
88	Wade Carnes	Indianapolis IN	52	16 M 50-54	6:18:25.
89	Bill Hollihan	Beaver Dam WI	71	1 M 70-74	6:19:18.
90	Ross Meyer	Countryside IL	50	17 M 50-54	6:20:06.
91	Gerald Seddon	Newburgh IN	56	6 M 55-59	6:20:41.
92	Natalie Kik-Brown	Conklin MI	39	5 F 35-39	6:20:59.
93	Scott Jacaway	Downers Grove IL	43	20 M 40-44	6:21:14.
94	Ken Turek	Westchester IL	58	7 M 55-59	6:22:44.
95	Bill Dey	Champaign IL	41	21 M 40-44	6:22:54.
96	Verton L Troyer	Milford IN	53	18 M 50-54	6:23:20.
97	Jim Espich	Enon OH	54	19 M 50-54	6:32:58.
98	Tom Tiller	Germantown OH	60	1 M 60-64	6:33:11.
99	Mike Allen	Kettering OH	52	20 M 50-54	6:33:25.
100	Susan Canevello	Lake Villa IL	34	3 F 30-34	6:35:10.
101	Bob Tschannen-Moran	Bexley OH	47	16 M 45-49	6:35:21.
102	Jack Thomas	Wheeling IL	49	17 M 45-49	6:35:29.
103	Francisco Garcia	Chicago IL	47	18 M 45-49	6:36:56.
104	Norm Carlson	Spencer IN	68	1 M 65-69	6:39:04.
105	Rich Bevelhimer	Highlands Ranch CO	38	17 M 35-39	6:41:57.
106	Del Bowers	Crest Hill IL	52	21 M 50-54	6:43:27.
107	Lynn Karner	Wadsworth IL	45	19 M 45-49	6:47:25.
108	Tim Leonard	Carmel IN	30	6 M 30-34	6:48:43.
109	Rich Stephenson	Monroeville IN	55	8 M 55-59	6:49:07.
110	Gary L Bird	Columbia City IN	43	22 M 40-44	6:50:03.
111	Alan Priest	Ann Arbor MI	57	9 M 55-59	6:50:08.
112	Lisa Stranc	Chicago IL	33	4 F 30-34	6:53:12.
113	Sue Kempema	Grand Rapids MI	44	1 F 40-44	6:56:24.
114	Eddy Overmyer	Sweetser IN	32	7 M 30-34	6:56:46.
115	Michael Randall	Fairborn OH	43	23 M 40-44	6:57:10.
116	Dick Hogan	Des Moines IA	55	10 M 55-59	6:58:23.
117	Rich Limacher	Matteson IL	51	22 M 50-54	6:59:11.
118	James Hack	Essexville MI	51	23 M 50-54	7:00:37.
119	Joe Kazakaitis	Oakwood IL	51	24 M 50-54	7:02:11.
120	Matt Blocher	Marion IN	36	18 M 35-39	7:03:23.
121	Bob O'Donnell	Southfield MI	39	19 M 35-39	7:11:52.
122	Paul Pelke	Winfield IL	48	20 M 45-49	7:12:49.
123	Chad Ware	Ft Wayne IN	34	8 M 30-34	7:17:13.
124	Irene Weston	Fairview Park OH	46	2 F 45-49	7:18:57.
125	Nicki Seger	Chicago IL	39	6 F 35-39	7:29:41.
126	Jerry Shepherd	Carmel IN	37	20 M 35-39	7:29:41.
127	Karen Standley	Billings MI	48	3 F 45-49	7:30:33.
128	Shirley Sirois	Springboro OH	54	1 F 50-54	7:33:15.
129	Boonsom Hartman	Oak Forest IL	44	2 F 40-44	7:33:52.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
130	Paul Hiser	Fort Recovery OH	57	11 M 55-59	7:38:33.
131	Lois Berkowitz	Riverview MI	53	2 F 50-54	7:39:01.
132	James Patrick	Lemont IL	49	21 M 45-49	7:41:27.
133	Sheryl Krohne	West Point IN	48	4 F 45-49	7:41:46.
134	Louise Mason	Chicago IL	48	5 F 45-49	7:50:01.
135	Nancy Broadbridge	Birmingham MI	48	6 F 45-49	8:12:15.
136	Debra Turner	Beavercreek OH	46	7 F 45-49	8:15:50.
137	Kathleen Tiller	Germantown OH	55	1 F 55-59	8:17:48.
138	David Heitkamp	New Haven IN	51	25 M 50-54	8:24:57.
139	Jane Montes	Chicago IL	45	8 F 45-49	9:41:22.

## 2001 HUFF 50K USATF

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
1	Jim Garcia	Westford MA	43	1 M 40-44	3:39:13.
2	Charles Hubbard	Bloomington MN	40	2 M 40-44	3:41:02.
3	Mark Godale	Streetboro OH	31	1 M 0-39	3:43:52.
4	Patrick Puckett	Noblesville IN	39	2 M 0-39	3:47:42.
5	Greg Loomis	Charlottesville VA	27	3 M 0-39	3:54:57.
6	Josh Mc Laughlin	Albuquerque NM	29	4 M 0-39	3:55:59.
7	PF Potvin	Cadillac MI	26	5 M 0-39	3:56:26.
8	Brandon Sybrowsky	Montrose CO	31	6 M 0-39	3:57:49.
9	Dennis Poolheco	Glendale AZ	41	3 M 40-44	3:59:59.
10	Tim Clement	Slolon OH	41	4 M 40-44	4:00:17.
11	Brian Wieck	Eugene OR	29	7 M 0-39	4:06:13.
12	Derrick Carr	Fredericksburg VA	40	5 M 40-44	4:06:43.
13	Steve Webster	West Olive MI	48	1 M 45-49	4:10:31.
14	Stephen Godale	Aurora OH	33	8 M 0-39	4:16:12.
15	Anne Riddle	Asheville NC	35	1 F 0-39	4:16:31.
16	Doug Hansel	Cincinatti OH	42	6 M 40-44	4:18:17.
17	Duane Dye	New Castle IN	42	7 M 40-44	4:20:36.
18	David Dworknick	Brownstown MI	44	8 M 40-44	4:20:49.
19	Ann Heaslett	Madison WI	38	2 F 0-39	4:21:28.
20	Todd Scott	Royal Oak MI	38	9 M 0-39	4:25:53.
21	Anong Pustow	Louisville KY	37	3 F 0-39	4:30:57.
22	Douglas Sawyer	Tarrytown NY	34	10 M 0-39	4:31:19.
23	Michelle Mitchell	Fairbanks AK	27	4 F 0-39	4:37:18.
24	Malissa Lauderbaugh	Flint MI	32	5 F 0-39	4:46:31.
25	Holly Neault-Zinzow	Whitewater WI	41	1 F 40-44	4:47:32.
26	Roy Pirrung	Sheboygan OH	53	1 M 50-54	5:01:04.
27	Craig Smith	Bigfork MT	43	9 M 40-44	5:09:02.
28	Maureen Pluger	Hudsonville MI	38	6 F 0-39	5:11:08.
29	John Rodee	Shorewood WI	58	1 M 55-59	5:11:54.
30	Jeff Tincher	Terre Haute IN	45	2 M 45-49	5:12:49.
31	Scott Ferrari	PA	43	10 M 40-44	5:14:20.
32	James McKinnon	Waterloo IN	45	3 M 45-49	5:15:06.
33	Ed Stuart	Holland OH	55	2 M 55-59	5:17:29.
34	David Koch	Richfield OH	42	11 M 40-44	5:18:28.
35	Bob Gaylord	Ft. Knox KY	53	2 M 50-54	5:18:30.
36	Cindy Lee Torres	Steger IL	41	2 F 40-44	5:26:07.
37	Maura Schwartz	Minneapolis MN	42	3 F 40-44	5:29:40.
38	Doug Yoder	Goshen IN	47	4 M 45-49	5:36:40.
39	Philip Stuart	Bowling Green OH	28	11 M 0-39	5:38:35.
40	Cathy Drexler	Milwaukee WI	40	4 F 40-44	5:52:58.
41	Ingrid Honzak	Dayton OH	53	1 F 50-54	6:01:42.
42	Kathleen Haase	Wyoming MI	54	2 F 50-54	6:14:10.
43	David Hughes	Kokomo IN	56	3 M 55-59	6:20:33.
44	Deb Webster	West Olive MI	45	1 F 45-49	6:56:25.
45	Carter Sherline	Ann Arbor MI	41	12 M 40-44	6:57:01.
46	Bill Mack	Defiance OH	60	1 M 60-64	7:07:00.
47	Joyce Hodges-Hite	Millen GA	64	1 F 60-64	7:07:36.
48	Joan Gary	Fremont IN	65	1 F 65-69	7:26:55.
49	Kristine Hinrichs	Milwaukee WI	49	2 F 45-49	8:02:24.
50	Dave O'Brien	Hales Corners WI	67	1 M 65-69	8:07:51.

# HUFF One-Loop Fun Run

December 29, 2001

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
1	Zach Kuble	Monroeville IN	19	***** M 0-19	1:10:06.
2	Jerid Stoffel	Syracuse IN	20	***** M 20-99	1:10:30.
3	Josh Kendall	Greenfield IN	21	***** M 20-99	1:10:40.
4	Buff Dormeier	Ft Wayne IN	32	1 M 20-99	1:10:46.
5	Peter Hogg	Bluffton IN	19	1 M 0-19	1:10:50.
6	Roger Huxhold	Indianapolis IN	43	2 M 20-99	1:13:06.
7	Adam Lee Truex	Ossian IN	18	2 M 0-19	1:14:17.
8	Carl Moeller	St. Mary's OH	34	3 M 20-99	1:15:44.
9	Luke Stoffel	Syracuse IN	16	3 M 0-19	1:15:56.
10	Michael Schmidt	Continental OH	49	4 M 20-99	1:16:20.
11	Nathan Truex	Ossian IN	16	4 M 0-19	1:16:35.
12	Joe Pais	Huntington IN	36	5 M 20-99	1:16:54.
13	Jon Fennig	Decatur IN	19	5 M 0-19	1:17:00.
14	Susan Barth	Bluffton IN	21	***** F 20-99	1:17:30.
15	Doug Jutte	Minster OH	36	6 M 20-99	1:17:40.
16	Paul Richardson	Auburn IN	29	7 M 20-99	1:18:11.
17	Scott Nieten	Lawrence IN	17	6 M 0-19	1:20:24.
18	John Treleaven	Ft Wayne IN	49	8 M 20-99	1:20:28.
19	Michael McKeighen	Pierceton IN	20	9 M 20-99	1:20:30.
20	Kevin Hartings	Maria Stein OH	17	7 M 0-19	1:20:35.
21	Daniel Nestel	Ft Wayne IN	42	10 M 20-99	1:20:38.
22	Steve Hoover	Lima OH	36	11 M 20-99	1:20:45.
23	Scott Hartman	Oak Forest IL	42	12 M 20-99	1:21:03.
24	Greg Ingermann	Ft Wayne IN	30	13 M 20-99	1:21:05.
25	David Shock	Ft Wayne IN	26	14 M 20-99	1:21:09.
26	Steve Kearney	Chesterton IN	53	15 M 20-99	1:21:17.
27	Robert Jungwirth	Downers Grove IL	48	16 M 20-99	1:21:32.
28	Kevin Lochner	N. Manchester IN	46	17 M 20-99	1:23:00.
29	Victor McHenry	Craigville IN	17	8 M 0-19	1:24:00.
30	Libby Borrer	Ft Wayne IN	21	***** F 20-99	1:25:45.
31	Phil Suelzer	Ft Wayne IN	50	18 M 20-99	1:26:40.
32	Cody Griner	Uniondale IN	17	9 M 0-19	1:27:45.
33	Bob Earl	Carmel IN	41	19 M 20-99	1:28:00.
34	Carol Herndon	Ft Wayne IN	37	***** F 20-99	1:28:15.
35	Frank Jensen	Logansport IN	42	20 M 20-99	1:28:40.
36	Melissa Crawford	North Royalton OH	29	1 F 20-99	1:30:30.
37	Donald Kramer	Van Wert OH	47	21 M 20-99	1:31:00.
38	Fred Stoffel	Larwill IN	51	22 M 20-99	1:31:04.
39	Joe Suelzer	Ft Wayne IN	17	10 M 0-19	1:31:40.
40	Nick O'Connell	Brentwood TN	16	11 M 0-19	1:31:40.
41	Tim O'Connell	Ft Wayne IN	45	23 M 20-99	1:31:45.
42	Jim Bougher	Ft Wayne IN	39	24 M 20-99	1:32:30.
43	John N Link	New Haven IN	45	25 M 20-99	1:33:00.
44	Kali Lafferty	New Lenox IL	16	1 F 0-19	1:33:21.
45	Don Lafferty	New Lenox IL	48	26 M 20-99	1:33:22.
46	Jerry Maus	Harrod OH	40	27 M 20-99	1:33:35.
47	Kent Matney	New Paris IN	40	28 M 20-99	1:34:30.
48	Freeman Hershberger	Goshen IN	64	29 M 20-99	1:34:35.
49	Ethan Fox	Ossian IN	15	12 M 0-19	1:34:50.
50	Nick Evans	Greenwood IN	13	13 M 0-19	1:35:05.
51	Stephen Olsen	Fort Wayne IN	25	30 M 20-99	1:35:20.
52	Amy Smith	Grand Rapids MI	28	2 F 20-99	1:35:27.
53	Ray Byers	Valparaiso IN	42	31 M 20-99	1:35:43.
54	Kenny Dillon	Portage IN	53	32 M 20-99	1:35:44.
55	Michael Variell	Convoy OH	45	33 M 20-99	1:35:50.
56	Mark-Hans Richer	Rochester Hills MI	35	34 M 20-99	1:36:00.
57	Ty Winkhart	Spiceland IN	29	35 M 20-99	1:36:05.
58	Chris Hayes	Findlay OH	41	36 M 20-99	1:36:09.
59	Deanna Kiesel	Findlay OH	37	3 F 20-99	1:36:12.
60	Christine Breseke	Laporte IN	33	4 F 20-99	1:36:15.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
61	Andy Haxton	Ft Wayne IN	33	37 M 20-99	1:36:23.
62	Jeff Coates	Indianapolis IN	45	38 M 20-99	1:36:45.
63	Craig Cobay	Ft Wayne IN	45	39 M 20-99	1:36:54.
64	Justin Clark	Huntington IN	15	14 M 0-19	1:36:59.
65	Kerry Baumgartner	Garrett IN	40	40 M 20-99	1:37:05.
66	Bruce Daugherty	Syracuse IN	47	41 M 20-99	1:37:12.
67	James Miller	Spencerville IN	55	42 M 20-99	1:37:22.
68	Carl Hansen	Auburn IN	46	43 M 20-99	1:37:32.
69	Kermit Hogeston	Churubusco IN	33	44 M 20-99	1:37:37.
70	Chris Davis	Ft Wayne IN	34	45 M 20-99	1:37:42.
71	Kathy Starkweather	Grand Rapids MI	41	5 F 20-99	1:37:52.
72	Paul Lineback	Carmel IN	37	46 M 20-99	1:38:00.
73	Sue Fowler-Finn	Ft Wayne IN	47	6 F 20-99	1:38:45.
74	Kasey Fowler-Finn	Ft Wayne IN	19	2 F 0-19	1:39:00.
75	James Hoffman	Anderson IN	46	47 M 20-99	1:39:15.
76	Thomas Kline	Indianapolis IN	37	48 M 20-99	1:40:55.
77	Les Brown	Auburn IN	49	49 M 20-99	1:41:15.
78	Tom Villagomez	Whitehouse OH	47	50 M 20-99	1:41:25.
79	Angie Bermes	Ft Wayne IN	22	7 F 20-99	1:41:35.
80	Bill Wagner	Chagrin Falls OH	48	51 M 20-99	1:41:45.
81	Wayne Vereb	Solon OH	51	52 M 20-99	1:42:00.
82	Michael Searingelli	Ft Wayne IN	21	53 M 20-99	1:43:00.
83	Joel Barrett	Churubusco IN	33	54 M 20-99	1:44:00.
84	Jack Whitlow	Fairmount IN	57	55 M 20-99	1:45:02.
85	Patrick Hellman	Muncie IN	60	56 M 20-99	1:45:03.
86	Ernie Strawn	Kokomo IN	61	57 M 20-99	1:45:55.
87	Jay Pluger	Hudsonville MI	34	58 M 20-99	1:46:00.
88	Kris Teusch	Huntington IN	34	8 F 20-99	1:46:13.
89	David Eckert	Ft Wayne IN	54	59 M 20-99	1:46:27.
90	Mark Baker	Yorktown IN	41	60 M 20-99	1:46:35.
91	Bob Hart	Anderson IN	57	61 M 20-99	1:46:38.
92	Thomas Pintar	Ft Wayne IN	35	62 M 20-99	1:46:43.
93	Sadie Bubb	Ft Wayne IN	24	9 F 20-99	1:47:00.
94	Jeff Kintz	New Haven IN	33	63 M 20-99	1:47:14.
95	Mike Snavley	South Whitley IN	35	64 M 20-99	1:47:28.
96	Bob Michel	Ft Wayne IN	54	65 M 20-99	1:47:43.
97	Norm Gecowets	Defiance OH	54	66 M 20-99	1:47:58.
98	Erin Treece	Findlay OH	20	10 F 20-99	1:48:00.
99	Jen Gavalo	Youngstown OH	21	11 F 20-99	1:48:11.
100	Janis Clay	Toledo OH	44	12 F 20-99	1:48:26.
101	Larry Whitaker	Perrysburgh OH	51	67 M 20-99	1:48:41.
102	Trevor Oseland	Holland MI	10	15 M 0-19	1:48:50.
103	Barbara Oseland	Holland MI	42	13 F 20-99	1:48:51.
104	Kimberly Brown	Kendallville IN	35	14 F 20-99	1:49:00.
105	Maureen Palmer	Ft Wayne IN	40	15 F 20-99	1:50:13.
106	Justin Smith	Ft Wayne IN	20	68 M 20-99	1:51:25.
107	Roger Treece	Findlay OH	47	69 M 20-99	1:52:14.
108	Joseph Nayarkas	Ft Wayne IN	47	70 M 20-99	1:52:29.
109	Ed Beckner	Huntington IN	56	71 M 20-99	1:52:34.
110	Kendra Hitchcock	Muncie IN	40	16 F 20-99	1:52:39.
111	Julie Hale	Daleville IN	37	17 F 20-99	1:52:44.
112	Jamie Banks	Muncie IN	37	18 F 20-99	1:52:46.
113	Lori Ploenzke	Poplar Grove IL	32	19 F 20-99	1:52:49.
114	Michael McClaskey	Fort Wayne IN	44	72 M 20-99	1:53:00.
115	Rex Reed	Warsaw IN	60	73 M 20-99	1:53:15.
116	Donna Treece	Findlay OH	46	20 F 20-99	1:53:30.
117	Cheryl Doyle	Findlay OH	43	21 F 20-99	1:54:00.
118	Justin Wright	Marion IN	15	16 M 0-19	1:55:00.
119	Garrett Laforce	Libertyville IL	13	17 M 0-19	2:01:51.
120	Bryan Waid	Kettering OH	37	74 M 20-99	2:02:00.
121	Tricia Miller	Marion IN	28	22 F 20-99	2:02:30.
122	Lynn T Bobay	Columbia City IN	50	75 M 20-99	2:04:10.
123	Mark Thoma	Fort Wayne IN	43	76 M 20-99	2:05:39.
124	Randy Hammond	Leo IN	46	77 M 20-99	2:05:45.
125	Ronald Eichel	Leo IN	38	78 M 20-99	2:05:51.
126	Chrisy Link	New Haven IN	30	23 F 20-99	2:06:00.
127	Heather Rensberger	Ft Wayne IN	32	24 F 20-99	2:08:08.
128	Nancy Burris	Auburn IN	35	25 F 20-99	2:08:35.
129	Tom Leary	Naperville IL	43	79 M 20-99	2:10:35.

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
130	John Belluardo	Dayton OH	57	80 M 20-99	2:11:45.
131	Anna Mize	Roanoke IN	55	26 F 20-99	2:12:00.
132	Beth Wehrenberg	Ft Wayne IN	47	27 F 20-99	2:12:15.
133	Dana Budd	Ft Wayne IN	47	81 M 20-99	2:15:12.
134	Matt Carney	Ft Wayne IN	27	82 M 20-99	2:16:36.
135	Marion Hauser	Oak Park IL	39	28 F 20-99	2:18:00.
136	Eddy Miller	Marion IN	28	83 M 20-99	2:19:01.
137	Denise Skillman	Anderson IN	41	29 F 20-99	2:19:16.
138	Jeff Bodkin	Ft Wayne IN	31	84 M 20-99	2:25:00.
139	Tammy Wolverson	Indianapolis IN	38	30 F 20-99	2:30:00.
140	Laurie Ferguson	Indianapolis IN	48	31 F 20-99	2:30:05.
141	Courtney Billings	Ft Wayne IN	16	3 F 0-19	2:40:00.
142	Brittany Billings	Ft Wayne IN	14	4 F 0-19	2:40:15.
143	Carmen Crowder	Ft Wayne IN	25	32 F 20-99	2:40:30.
144	Doug Lehman	Ballwin MO	49	85 M 20-99	2:40:45.
145	Cuba Allen	Dayton OH	53	33 F 20-99	2:43:45.
146	Irvin Cash	IN	72	86 M 20-99	2:53:30.
147	Hunter Goin	IN	71	87 M 20-99	3:30:40.

**Next Newsletter Deadline**  
**Friday March 15, 2002**

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**Next FWTC Meeting**  
**Wed. Feb. 13, 2002 7 PM**  
**Wed March 13, 2002, 7 PM**  
**Run at 6 pm**  
**IPFW - Hillard Gates Activity Center**

# 2001 HUFF 50K

December 29, 2001

## Division 1 - Male Open

## Individual 50K Trail Run

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Torrey	Teats	4	31	3:16:29	1:08:53	A Bunch of Nobodies
	Ron	Sharp	48	31		1:04:06	
	Tony	Teats	83	31		1:03:30	
2	Brian	Beckort	3	2	3:30:24.0	1:08:45	3 Fleet Marksman
	Hugh	Davis	50	2		1:13:15	
	Lewis	Anderson	90	2		1:08:24	
3	Brandon	Brown	5	24	3:36:38.0	1:12:22	See You at the Top
	Ian	Smith	51	24		1:17:24	
	Howard	Harrell	92	24		1:06:52	
4	Chris	Kowalewski	6	46	4:01:20.0	1:13:47	The Replacements
	Justin	Englert	61	46		1:37:04	
	Christian	Englert	101	46		1:10:29	
5	Brad	Miller	12	18	4:16:44.0	1:22:11	Krush Grove
	John	Hammel	62	18		1:28:49	
	Laud	Ryan	105	18		1:25:44	
6	Scott	Shaum	9	5	4:19:02.0	1:19:39	Buzzard Bait
	Steve	Shaum	63	5		1:31:58	
	Brad	Yoder	108	5		1:27:25	
7	Gary	Bogner	25	36	4:20:10.0	1:27:02	Two Woods & A Hand
	Kevin	Foos	66	36		1:28:33	
	John	Dibling	109	36		1:24:36	
8	Brad	Peterson	32	4	4:21:38.0	1:31:47	Boys Cadet Track Te
	Kent	Mitchell	70	4		1:29:35	
	A.j.	Arnett	112	4		1:20:16	
9	Alan	Chester	23	11	4:31:40.0	1:26:37	Findlay Striders
	Chuck	Lowery	72	11		1:37:42	
	Tim	Rooney	114	11		1:27:21	
10	James	Smith	21	28	4:42:08.0	1:25:23	Team "V"
	Steve	Vollmar	75	28		1:40:13	
	James	Vollmar	119	28		1:36:32	
11	John	Ardner	40	9	4:45:35.0	1:41:08	Duneland Trailblazer
	Joe	Chamberlain	80	9		1:27:32	
	Dave	Fields	120	9		1:36:55	

**Division 1 - Male Open****Individual 50K Trail Run**

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
12	Gerry	Englert	34	17	4:47:01.0	1:32:47	Khalid, Pre & Me
	Matthew	Bartlett	84	17		1:43:43	
	Tracy	Knox	122	17		1:30:31	
13	Ted	Newman	20	13	4:47:07.0	1:25:07	Ham & Eggers
	Jerry	Rex	73	13		1:39:57	
	Michael	Steinke	123	13		1:42:03	
14	Rod	Obregon	15	33	4:59:34.0	1:22:54	The Troop
	Art	Obregon	78	33		1:44:13	
	Don	Decook	127	33		1:52:27	
15	Brian	Winninger	22	32	5:15:20.0	1:25:52	The 3 Engineers
	Brian	Pattison	91	32		2:09:51	
	Chuck	Zumbrun	130	32		1:39:37	
16	Richard	Harris	42	1	5:20:03.0	1:41:13	2 Hoosiers & A Wolf
	Lon R	Braun	89	1		1:41:36	
	Rick	Evans	131	1		1:52:14	

**Division 2 - Female Open**

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Liesl	Fraley	30	34	4:34:34.0	1:30:02	Three Scoops Repea
	Kara	Kelly-Sharp	76	34		1:35:37	
	Kathy	Parisi	115	34		1:28:55	
2	Barbara	Winkhart	38	43	5:04:05.0	1:36:20	Midwest Running
	Daneen	Colligan	82	43		1:37:38	
	Tammy	Schultz	128	43		1:50:07	
3	Debbie	Harry	47	3	6:19:57.0	2:08:47	Are We Crazy or Not?
	Patty	Brumbaugh	111	3		2:12:47	
	Wray Jean	Cornwell	132	3		1:58:23	

**Division 3 - Mixed Open**

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Jeff	Nidinger	1	15	3:39:59	1:05:02	HUFF Busters
	Stephanie	Asher	52	15		1:30:02	
	Jason	Sorg	93	15		1:04:55	
2	Darlene	Barton	14	21	3:48:53	1:22:49	Not So Fast Huffers
	Adam	Barton	55	21		1:16:04	
	Mike	Schoudel	94	21		1:10:00	

## Division 3 - Mixed Open Individual 50K Trail Run

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
3	Linda	Keuneke	11	16	3:55:20	1:20:43	It's All About Bob
	Paul E	Knott	58	16		1:22:37	
	Robert	Minnich, Jr	95	16		1:12:00	
4	Greg	Willis	8	27	3:56:20.0	1:16:56	Stump Grinders
	Karyn	Kelly	57	27		1:26:20	
	Philip	Hock	96	27		1:13:04	
5	Elizabeth	Herndon	26	8	4:05:40.0	1:27:59	Cool Cats
	Kinsi	Hower	68	8		1:31:36	
	Scott	Ecclestone	103	8		1:06:05	
6	Tamara	Whitten	16	19	4:17:01.0	1:22:59	Mac's Maniacs
	Stephen	Bogard	67	19		1:32:42	
	Kevin	McAndrews	106	19		1:21:20	
7	Bob	Eherenman	24	45	4:17:26.0	1:26:49	The Volunteer's
	Brett	Hess	64	45		1:27:04	
	Kathy	Demeritt	107	45		1:23:33	
8	Angela	Minnefield	35	23	4:24:18.0	1:35:17	Ronnie Boy & Bulldog
	Carla	Thoele	77	23		1:31:42	
	Ron	Seats	113	23		1:17:19	
9	Lance	Chapman	33	42	4:39:19.0	1:32:46	Trina and Her Tribe
	David	Abbey	74	42		1:32:46	
	Trina	Chapman-Smith	118	42		1:33:47	
10	Mark	Myers	45	37	4:47:31.0	1:49:40	Victory or Death
	Robin	Rizzo	86	37		1:31:07	
	Phil	Rizzo	124	37		1:26:44	
11	Martha	Nash	46	10	4:53:06.0	1:58:59	Echo 1
	Mike	Flora	88	10		1:26:03	
	Brian	Nash	125	10		1:28:04	
12	Ron	Harmening	37	26	4:59:06.0	1:35:24	Space Odessey
	Robin	Van Camp	81	26		1:37:39	
	Wally	Post	126	26		1:46:03	
13	Tonya	Garner	39	35	5:04:54.0	1:39:45	Tonya & The Boys
	Patrick	Ryan	85	35		1:40:48	
	Jim	Coughlin	129	35		1:44:21	
14	Ryan	Gackenheimer	10	25	7:20:36.0	1:19:59	Snow Caterpillars
	Scott	Lamar	117	25		3:14:52	
	Erin	Gackenheimer	133	25		2:45:45	

## Division 4 - Male 19 and Under Individual 50K Trail Run

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Mike	Hashell	2	39	3:23:50.0	1:07:15	The Bad "A's"
	Colin	Riessen	49	39		1:08:34	
	Ryan	Warrenburg	87	39		1:08:01	
2	Jason	Stubbeman	18	44	3:57:58.0	1:23:32	No Name Team
	Craig	Perry	59	44		1:22:47	
	Jared	Campbell	97	44		1:11:39	
3	Mike	Wilson	28	47	3:58:37.0	1:28:57	Loners
	Jason	Phillips	56	47		1:12:20	
	Jesse	Couts	98	47		1:17:20	
4	Adrian	Jaronczyk	7	6	4:01:03.0	1:14:07	Cheetahs
	Dan	Hankosky	54	6		1:22:14	
	Mieczyslaw	Swaitkowski	100	6		1:24:42	
5	Adam	Grover	17	30	4:05:01.0	1:23:08	Team Feimster
	Keith	Feemster	60	30		1:25:18	
	Cory	Leas	102	30		1:16:35	
6	Dustin	Hull	36	38	4:16:16.0	1:35:22	W.A.R
	Brent	Emerick	71	38		1:28:24	
	Matt	Ingalls	104	38		1:12:30	
7	David	Rex	19	29	4:34:40.0	1:24:59	Team Bird
	Josh	Miller	69	29		1:35:29	
	Sam N	Bird	116	29		1:34:12	

## Division 6 - Female 19 and Under

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Katie	Doehla	29	12	4:21:01.0	1:29:09	Girls Cadet Track Clu
	Sarah	Manck	65	12		1:26:00	
	Adele	Mitchell	110	12		1:25:52	

## Division 6 - Mixed 19 and Under

Team Place	First	Last	Overall	Team No	Team Time	Individual	Team Name
1	Andrew	Smith	13	7	3:59:28.0	1:22:29	Coed Cadet Track Cl
	Steve	Rankin	53	7		1:12:49	
	Alissa	McKaig	99	7		1:24:10	
2	Raycene	Spreng	41	41	4:45:48.0	1:41:12	Loudonville Redbirds
	Justin	Gardner	79	41		1:26:52	
	Sam	Koppert	121	41		1:37:44	

## SIXTH ANNUAL FRIGID 5K

JANUARY 1, 2002

WARSAW, IN

Overall	Time	LastName	FirstName	Divison	Div Place	HomeCity
1	16:50	Chalfant	Rob		Overall Male	North Webster
2	17:08	Stoffel	Jerid	M 15-19	1	Syracuse
3	17:24	Miller	Fred	M 20-29	1	Lagro
4	18:13	Faulkner	Justina		Overall Female	Bourbon
5	18:25	Furkis	Mark	M 45-49	1	Ligonier
6	18:45	Fussle	Pete	M 30-34	1	Chicago
7	18:55	Stoffel	Luke	M 15-19	2	Syracuse
8	19:26	Bonnecarrerre	Seth	M 20-29	2	Plymouth
9	19:38	Murphy	Jeff	M 35-39	1	Warsaw
10	19:51	Vanlaningham	Ben	M 15-19	3	Rochester
11	19:54	Tate	Neil	M 50-59	1	N. Manchester
12	19:57	Bruick	Lindsay	F 20-29	1	Warsaw
13	20:07	Vanlaningham	Mark	M 45-49	2	Rochester
14	20:11	Walter	Doug	M 35-39	2	Elkhart
15	20:17	Landes	Mark	M 35-39	3	Warsaw
16	20:18	Lochner	Kevin	M 45-49	3	N. Manchester
17	20:29	Beals	Mark	M 35-39	4	Fort Wayne
18	20:36	Dodd	Rody	M 35-39	5	Valparaiso
19	20:38	Robertson	Gary	M 40-44	1	Warsaw
20	20:53	Williams	Ted	M 40-44	2	Winona Lake
21	21:22	Lehman	Bill	M 35-39	6	Winona Lake
22	21:39	Hershberger	Troy	M 35-39	7	Winona Lake
23	21:40	Tarquino	A	M 50-59	2	Nashport
24	21:42	Becknell	Luke	M 45-49	4	Warsaw
25	22:05	Cobbs	Dewain	M 55-59	9	Warsaw
26	22:15	Stephens	Bob	M 50-59	3	South Bend
27	22:23	Bowser	Mark	M 40-44	3	North Webster
28	22:27	Knouff	Steve	M 50-59	4	Warsaw
29	22:49	Hershberger	Freeman	M 60	1	Goshen
30	23:07	Crane	William	M 50-59	5	Warsaw
31	23:21	Ross	Fred	M 60+	2	Warsaw
32	23:40	Mikel	Mark	M 40-44	4	Wakarusa
33	24:16	Holder	William	M 30-34	2	Warsaw
34	24:21	McDonald	Jane	F 30-39	1	Goshen
35	24:23	Waites	Dewey	M 45-49	5	Warsaw
36	24:58	Fulton	Dennis	M 40-44	5	Bourbon
37	25:33	Kralovansky	Susie	F 40-49	1	Plymouth
38	25:34	Kralovansky	Kurt	M 50-59	6	Plymouth
39	25:51	McGuire	Grant	M 50-59	7	Winona Lake
40	26:05	Zehr	Sara	F 15-19	1	Silver Lake
41	26:21	Lindley	Don	M 50-59	8	Fort Wayne
42	26:24	Sheffer	Mary	F 30-39	2	Warsaw
43	26:29	Ehrenmann	Phil	M 60+	3	Warsaw
44	26:50	Hottel	Heather	F 20-29	2	Warsaw
45	27:05	Reichert	Jenny	F 40-49	2	Bourbon
46	27:47	Nickel	Amy	F 20-29	3	Chicago
47	27:48	Fussle	Heinz	M 60+	4	Warsaw
48	28:00	Zehr	Melanie	F 15-19	2	Silver Lake
49	28:02	Sellers	Mary Beth	F 40-49	3	Warsaw
50	24:31	Hofner	Robert	M 35-39	8	Schererville
51	28:38	Hodges	Charles	M 60+	5	Warsaw
52	29:10	McClelland	Mary Jo	F 40-49	4	Wabash
53	30:10	Judson	Lori	F 30-39	3	Goshen
54	30:10	Judson	Chris	M 35-39	9	Goshen
55	30:20	Brubaker	Pat	F 50-59	1	Wabash
56	30:24	Perigo	Gretchen	F 40-49	5	Wabash

Overall	Time	LastName	FirstName	Divison	Div Place	HomeCity
57	30:27	Kennedy	Maureen	F 30-39	4	Osceola
58	30:52	Adams	Marci	F 50-59	2	South Bend
59	31:26	Jones	Mark	M 45-49	6	N. Manchester
60	31:28	Hauptert	Van	M 45-49	7	N. Manchester
61	32:49	Budd	Dana	M 45-49	8	Ft Wayne
62	34:39	Furkis	Cindy	F 40-49	6	Ligonier
63	39:20	Tom	Pam	F 40-49	7	Warsaw
64	40:21	Knouff	Marg	F 50-59	3	Warsaw
65	41:37	Price	Greg	M 35-39	10	Warsaw
66	41:37	Price	Pam	F 30-39	5	Warsaw
67	42:55	Stevens	Owen	M 60+	6	Valparaiso
68	43:23	Paul	Shirley	F 60+	1	Wabash
69	43:24	Whitesel	Margaret	F 60+	2	Bluffton

Race Date

December 08, 2001

FWTC Just Plain 10K Foster Park 2001

Overall Finish List

**3.3KM Fun Run/Walk**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
1	Eugene Striggle	Churubusco IN	826	71	***** M 0-99	31:29



*Fort Wayne Track Club,*

*We want to thank you for your generosity and your concern for the children of Allen County. Your donation of T-shirts for the young people of Youth Services Center is greatly valued.*

*On behalf of the children, once again, we very much appreciate your help during the Christmas season.*

*Sincerely,*  
  
 Kenneth Watson, Executive Director

## FWTC Just Plain 10K Foster Park 2001

Race Date

December 08, 2001

Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>
1	Steve Rankin	Ft Wayne IN	833	17	***** M 16-17	37:28
2	Robert Minnich, Jr	Ft Wayne IN	840	34	1 M 30-34	37:55
3	Corey Drake	Ft Wayne IN	865	16	1 M 16-17	39:09
4	Mike Ridenour	Ft Wayne IN	832	17	2 M 16-17	39:22
5	Phil Suelzer	Ft Wayne IN	885	49	1 M 45-49	39:49
6	Matt Ingalls	Columbia City IN	886	15	1 M 14-15	40:19
7	John Treleaven	Ft Wayne IN	829	49	2 M 45-49	40:56
8	Linda Keuneke	Ft Wayne IN	824	38	***** F 35-39	41:18
9	Jed Pearson	Columbia City IN	884	50	1 M 50-54	41:37
10	J J Horn	Ossian IN	835	14	2 M 14-15	41:45
11	Nick McBride	Ossian IN	843	15	3 M 14-15	42:28
12	Mark Borehelt	Ft Wayne IN	834	15	4 M 14-15	42:37
13	Adele Mitchell	Ft Wayne IN	827	14	1 F 0-19	43:20
14	Kyle Bazur-Persing	Ft Wayne IN	890	15	5 M 14-15	43:24
15	Bob Bruckner	Ft Wayne IN	855	56	1 M 55-59	43:30
16	Kent Mitchell	Ft Wayne IN	828	39	1 M 35-39	43:36
17	Sam Sipes	Ft Wayne IN	806	16	3 M 16-17	43:50
18	Anthony Dembickie	Ft Wayne IN	859	28	1 M 25-29	44:05
19	Roger McGowan	Ft Wayne IN	867	16	4 M 16-17	44:23
20	James McKinnon	Waterloo IN	807	45	3 M 45-49	44:27
21	Sarah Manck	Ft Wayne IN	831	15	2 F 0-19	44:31
22	Phil Bittner	Ft Wayne IN	858	16	5 M 16-17	45:21
23	Jim Bougher	Ft Wayne IN	846	39	2 M 35-39	46:19
24	Greg Ridenour	Ft Wayne IN	848	47	4 M 45-49	46:38
25	Larry Averbeck	Ft Wayne IN	862	61	1 M 60-99	47:48
26	Tom Felger	Ft Wayne IN	837	62	2 M 60-99	48:40
27	Jack Seigel	Ft Wayne IN	860	56	2 M 55-59	48:59
28	Jim Pickett	Waterloo IN	863	52	2 M 50-54	49:06
29	David E Boylan	Ft Wayne IN	830	59	3 M 55-59	49:29
30	Craig Bobay	Ft Wayne IN	883	45	5 M 45-49	49:53
31	Troy McArthy	Auburn IN	869	32	2 M 30-34	50:02
32	Mark Brattoli	Ft Wayne IN	849	46	6 M 45-49	51:00
33	Tamara Wright	Ft Wayne IN	844	43	1 F 40-44	51:13
34	Toby Jo Hullinger	Monroeville IN	891	42	1 M 40-44	51:29
35	James H Wright	Ft Wayne IN	847	54	3 M 50-54	51:38
36	Aaron Cox	Ft Wayne IN	845	48	7 M 45-49	51:56
37	Angie Bermes	Ft Wayne IN	852	22	1 F 20-24	52:02
38	David Eckert	Ft Wayne IN	857	54	4 M 50-54	52:51
39	Rich Stephenson	Monroeville IN	841	54	5 M 50-54	53:40
40	Megan Luepke	Ft Wayne IN	836	16	3 F 0-19	53:49
41	Mark Giaquinta	Ft Wayne IN	868	48	8 M 45-49	53:55
42	Sue Sipes	Ft Wayne IN	850	45	1 F 45-49	54:31
43	Don Anderson	Ft Wayne IN	839	74	3 M 60-99	54:47
44	Lorraine Fox	Ft Wayne IN	889	40	2 F 40-44	55:09
45	Gary L Bird	Columbia City IN	887	43	2 M 40-44	55:19
46	Cheryl McGowan	Ft Wayne IN	861	38	1 F 35-39	55:57
47	David McGowan	Ft Wayne IN	866	38	3 M 35-39	55:58
48	Randy Hockemeyer	Decatur IN	851	34	3 M 30-34	56:29
49	Thomas Cleveland	Ft Wayne IN	888	39	4 M 35-39	56:40
50	Darryl Cargo	Ft Wayne IN	825	40	3 M 40-44	57:22
51	Joan Gary	Fremont IN	842	65	1 F 60-99	57:53
52	Kristy Reimschisel	New Haven IN	853	37	2 F 35-39	57:58
53	Robert C Loomis	Monroeville IN	856	68	4 M 60-99	58:05
54	Donald Lindley	Ft Wayne IN	1000	57	4 M 55-59	59:12
55	John David McPherson	Ft Wayne IN	854	48	9 M 45-49	59:15
56	Chrisy Link	New Haven IN	838	30	1 F 30-34	1:00:07
57	Sarah Kleinknight	Ft Wayne IN	864	58	1 F 55-59	1:08:22



October 2, 2001

Fort Wayne Track Club  
c/o Mr. Donald Lindley  
1820 Briar Fence Lane  
Fort Wayne, Indiana 46804

Dear Don,

On behalf of the Associated Churches and Canterbury School, I would like to express my gratitude once again for all your assistance with our recent Food Bank 5K. Your expertise with the equipment and your willingness to assist us that morning made for a successful and enjoyable run. I don't know how we would have managed without your help. Thank you for all your time and effort in this endeavor. It is greatly appreciated!

\$964 was raised for the Associated Churches Food Bank and an abundance of canned food was collected for this charitable cause. Thanks for helping us make it happen!

Sincerely,

A handwritten signature in cursive script that reads "Rita Hayes".

Rita Hayes  
Race Director

December 5, 2001

Fort Wayne Track Club  
River City Rat Race  
PO Box 11703  
Fort Wayne, IN 46860-1703

Dear Friends of the YMCA:

As the Holiday Season approaches, the YMCA of Greater Fort Wayne wants to let you know how much you are appreciated. Because of your generous support of our Partner With Youth Program this year as well as in years past, we have been able to give scholarships to over 2,000 kids and their families towards memberships and program participation. Their lives are a little brighter not only at this time of the year but all through the year because of donors like yourself.

Your annual support helps us to continue to develop character and help kids at all of our YMCA branches. Programs like Swimming Lessons, Youth Basketball, Resident Camp and Before and After School Child Care will be available to kids and families who cannot afford them. As you know, the YMCA of Greater Fort Wayne strives to teach values of caring, honesty, respect and responsibility to its participants and your continued support is just one more way to help us carry out that mission.

As the General Director/CEO of the YMCA, I also want to extend a personal thank you and wish you a happy and blessed holiday season. If you would like more information about any of our YMCAs please give me a call at 422-6486 ext. 200. The YMCA is a place where we strive to build strong kids, strong families and strong communities.

Thank you again for all of your support!

Sincerely,



Martin L. Pastura  
General Director/CEO

MLP

Minutes for FWTC October 10, 2001

1. Meeting was called to order
2. Minutes were read and approved.
3. Vern gave the technology report. A web site advertising proposal was distributed and read. After some discussion a motion was made to accept the proposal as policy for the FWTC web site. The motion was carried. Also, Dave Weikel will take over the web page for the HUFF. For now, there will be no FWTC membership applications online due to the poor response.
4. Don offered some kind words and information about Mr. Jeff Davis who died during the Zoom thru Zulu race. A devotional and prayer were offered for Jeff.
5. Don gave the treasurer's report with a balance of \$23,304.53. The treasurer's report was approved.
6. Don reported on the Dupont 5K. There were 200 runners participating. Rick forgot to have awards for participants other than the top winners' prize money. In leu of buying awards now, \$500 will be sent to the RRCA for the Red Cross to help New York City victims.
7. For the Inside Track, Judy T. said Mr. Tim O'Connell would like to assist Linda with the newsletter. The recent 20 page newsletter has a page for FWTC members to volunteer in many different capacities.
8. Don briefly updated the Parlor City Trop results in that it made a profit.
9. Kim M. reported on the upcoming awards banquet. It will be held at IPFW, but Aramark, the caterer, is no longer available. Kim accepted suggestions for a new caterer. Discussion began on this year's entertainment. Amy Yoder and her husband coming to speak was a possibility, or hiring a comedy act about runners. Date for the banquet at this time is Sunday, Feb. 10<sup>th</sup> at 5 P.M. Roger Wilson suggested that runners receiving awards have their best race highlighted. Special fun awards were also discussed. As a final note, Kim told everyone that Bill Harris was leaving soon to run the Milwaukee Marathon.
10. Roger Wilson stated he possibly would become the marathon director.
11. Steve H. commented on an article in Self magazine about Ft. Wayne's poor showing for physical fitness. He would like Ft. Wayne to focus on changing that with the help of the FWTC.
12. Mitch Harper thanked all those who helped with the Zoom Thru Zulu race, both the putting on the race and with the emergency. He spoke of how well the News Sentinel and Channel 21 reported the tragic event. Mitch then told of what runners he saw there and how they competed. He spoke of how Jeff enjoyed running and the runners he met.
13. Don suggested that at the next meeting we review the RRCA guidelines for race safety.
14. Judy won tonight's T-shirt.
15. Meeting adjourned.

Attendance 10-10-01

Carol Garcia, Brad Thomas, Roger L. Wilson, Sarah Kleinknight, Laurie Whisler, Jerry Diehl, Don Anderson, Dwayne Weeda, Bill Harris, Kim Milleman, Jeff Milleman, Judy Tillapaugh, Mitch Harper, Don Lindley, Katie Creighton

## FWTC minutes for Nov. 14,2001

1. Meeting called to order
2. Don read a devotion on personalized fitness and offered the opening prayer.
3. The minutes were read and approved
4. Don gave the treasurer's report, there is a balance of \$23,479.46 . The FWTC membership stands at 148 paid for 2002.
5. The race calendar report shows the 1<sup>st</sup> annual 5K at Winona Lake is this Saturday (11-17-01). The turkey Trot has 16 pre-registered runners and expects another 100 to 120 to register the day of the race at Fox Island.
6. Report on the inside track by Don. Julie McNulty will no longer be placing labels on the newsletter for mailing. We will need a new person placing labels in Jan. This person will be taught the correct way to label at the post office. Bill Sohaski will check with Mailbox Inc. about the cost of sorting labeling and mailing. Judy suggested we need to contact Linda Iancili to get her feelings on continuing as the newsletter editor. Bill Harris will contact Linda about this issue.
7. No technology report due to Vern Ceder's absence.
8. Just Plain 10K will be held on 12-8-01 at 2pm in Foster Park. J.P. Jones is the race director. He needs 5 volunteers for the race. The entry fee is a T-shirt wrapped for a Christmas gift that will be given to charity.
9. The annual awards banquet will be held on Feb. 10<sup>th</sup> at 5pm in the IPFW ballroom. Kim Milleman is working on the details for this event.
10. The next Zoom thru Zulu will be in memory of Jeff Davies next year.
11. Meetings to plan the next River City Rat Race are held the 3<sup>rd</sup> Wednesdays' of the month at the downtown YMCA
12. J.P. Jones won the T-shirt
13. Board members reminded to bring a food item to share and a \$5 - \$10 gift for the gift exchange
14. Meetings adjourned, members present: Don Lindley, Bill Harris, Aaron Landis, Tom Landis, Dwayne Weeda, Sarah Kleinknight, Jerry Diehl, JP Jones, Bill Crane, Judy Tillapaugh, Bill Sohaski, Stephen Hilker, Carol and Vince Garcia

Elayne Davis  
922 Calverton Ct.  
Ft. Wayne, IN 46825  
219-489-4605  
November 28, 2001

Don Lindley  
1820 Briar Fence Ln.  
Ft. Wayne, IN 46804

Dear Don,

It was so nice to phone visit with you Wednesday evening and I truly enjoyed your running comments.

I have enclosed the monetary memorials that were given on Jeff's behalf to The Fort Wayne Track Club. As we discussed, I would like the Children's Running Program to benefit from this donation and am confident that Jeff would have wanted the same thing! He was such an inspiration with his nephews when it came to running.

Also included are the names of the donors for future thank you notes from The Ft. Wayne Track Club. I have personally thanked them also.

Again, many thanks to you for your interest and concern to ensure the money is used to aid the Children's Running Program directly. It is greatly appreciated.

All of us were so deeply saddened by Jeff's sudden and tragic death. So often, I feel like I can't find the appropriate words to best answer the question, "How are you doing?" Each day it is different for myself, our families and friends. We have chose to forget "normal" for awhile. Grief and its varying stages is demanding attention from all of us and the realization of deep and permanent change is settling in. We are easing into our adjustments as best as we can. We miss Jeff so much. Sharing our feelings, stories and memories about him is a constant source of healing & comfort at this time and will continue in our futures. I am learning every day how to be a "creative survivor."

Please know that Jeff and I always enjoyed attending the races and the opportunities The Ft. Wayne Track Club has provided for the community. We made several friends and I will always hold that near and dear to my heart forever.

December 5, 2001

Fort Wayne Track Club  
River City Rat Race  
PO Box 11703  
Fort Wayne, IN 46860-1703

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Thank you again for all of your support!

Sincerely,



Martin L. Pastura  
General Director/CEO

MLP



October 2, 2001

Fort Wayne Track Club  
c/o Mr. Donald Lindley  
1820 Briar Fence Lane  
Fort Wayne, Indiana 46804

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Sincerely,

A handwritten signature in cursive script that reads 'Rita Hayes'.

Rita Hayes  
Race Director

## **The Olympic Flame passes through Fort Wayne**

*by*

*Sarah Kleinknight*

The Olympic Flame passed through the streets of Fort Wayne on January 3rd, 2002. All along the route there were crowds of enthusiastic men, women and children waving American flags and applauding the torchbearers. It was exciting to be a part of such large crowds on a cold winter's night. Judy Tillapaugh and I were able, driving like crazy through side streets and alleys, to observe seven exchanges of the Flame. It was especially exciting to see Laurie Whisler and Joan Gary run with the torch on Thieme Dr.

Channel 33's coverage of the event made it possible for the whole community to enjoy it. Channel 33's Linda Jackson hosted the Headwaters Park activities in downtown Fort Wayne. Her enthusiastic spirit kept the crowd focused on the events leading up to the lighting of the Olympic cauldron.

Chevrolet and Coca-Cola and numerous other local businesses sponsored the festivities surrounding the carrying of the Flame in Fort Wayne. Without their support both in money and people the event would not have taken place in our great city.

The crowds, the coverage and the sponsors as wonderful as they all were couldn't light a spark compared to the runners who carried the flame. All eighty torchbearers had their own story of courage, determination, commitment and sacrifice - the Olympic Spirit. As one runner said at the end of his run and his torch was extinguished: "this flame may be out but it is still burning in here" as he pointed to his chest.

Runners came from Indiana cities such as Goshen, South Bend, Plymouth, Bloomington, Delphi and Granger. They came from Dowagiac, Edwardsburg and Holland Michigan and West Unity, Ohio. Runners from our own city and surrounding communities were well represented. They were: Joan Gary, Daniel Biehl, Judy Wee, Lyn Schlegel, Laurie Whisler, Michael Floyd, Robert Lau, Karen Millis, Philip Millis, Mary Pohlman, Thomas Pintar, Cody Glass, Joan Goldner, Allison Treleaven, Joyce Roush, Alan McGee, Ken Ober, Devan Dunlavy, Tyler Dunlavy, David Lallow, Ashley Irving, Debbie Lane, Gary Gregory, Andy Vogel, Heather Hoffman, Steve Braun, and Rosie Petro. They all were here to carry the torch.

The Olympic Flame may not pass this way again but with people like those who helped to carry it the Olympic Spirit is here to stay.

We try to provide the most accurate and complete race information that we can, but we urge you to contact the race director for confirmations, postponements, or cancellations.

If you are a race director or know of confirmed dates for 2002 races not already updated, please email us details so we can get the calendar updated promptly and accurately.

**Local/Points Codes:**  
L - Local race in the greater Ft. Wayne area

R - Regional race within 70 miles of Ft. Wayne

P - FWTC Points race

<b>Races from 02/01/2002 to 04/28/2002</b>		
<b>Date/Time</b>	<b>Local Points</b>	<b>Race Information</b>
Feb 02, 2002 10am Sat	R	Todd Realty Winter Carnival 5K, 5K, Lakeside Park, Syracuse, IN, Brian Shepherd, 1426 Lincolnway, Ligonier, IN 46767, 219-894-4638
Feb 02, 2002 11 am Sat	R	*USATF ILL MASTERS INDOOR MEETS, Westwood Sports Ctr, Sterling, IL, c/o Sterling TC, 1900 Westwood Dr, Sterling, IL 61081, 815-622-6201, web site: <a href="http://www.sterlingparkdistrict.com">http://www.sterlingparkdistrict.com</a>
Feb 03, 2002 1pm Sun	R	30th Groundhog 7, 7 Miles, Clay Jr HS, Carmel, IN, Benefits StMarks UMC Mission Project, (317) 290-RUNR, email: <a href="mailto:webmaster@indyrunners.org">webmaster@indyrunners.org</a> , web site: <a href="http://www.indyrunner.org">http://www.indyrunner.org</a>
Feb 03, 2002 7:30 am Sun	R	Las Vegas Marathon and Half-Marathon, Jean, NV, Las Vegas, NV, (702) 876-3870, web site: <a href="http://www.lvmarathon.com">http://www.lvmarathon.com</a>
Feb 09, 2002 2pm Sat	LP	Fanny Freezer 5k, 5K, Shoaf Park, Ft. Wayne, IN, Vern Ceder, (219) 745-4295, No Pre-Race Registration, Race Day Registration Only, email: <a href="mailto:vceder@fwtc.org">vceder@fwtc.org</a>
Feb 09, 2002 4 pm	R	Cupid Relay, 2 Miles, Larrison Pavilion in Deming Park, Terre Haute, IN, 812-234-9944, email: <a href="mailto:fasttrac@gte.net">fasttrac@gte.net</a> , web site: <a href="http://www.fasttrackonline.com/holiday.htm">http://www.fasttrackonline.com/holiday.htm</a>
Feb 09, 2002 9am Sat	R	2nd Annual Run for Roses, 8K Trail Run, Hardy Lake State Park, Austin, IN, Brett Turner, 812-793-2759, email: <a href="mailto:bturner@browntown.com">bturner@browntown.com</a>
Feb 09, 2002 9am Sat	R	Cupid's Fling 5K, 5K Run/Walk, Clay Jr HS, Carmel, IN, Runners Forum, 317-844-1558, email: <a href="mailto:fling@runnersform.com">fling@runnersform.com</a>
Feb 10, 2002 5pm Sun	L	Fort Wayne Track Annual Banquet, IPFW, Fort Wayne, IN, Kim Milleman, 10910 Sherrelwood Ct, Ft Wayne, IN 46845, 219-490-9626, email: <a href="mailto:millemandds@aol.com">millemandds@aol.com</a>
Feb 16, 2002 10 am Sat	R	Think Spring, 5K & 1M, Ligioner Elementary, Ligioner, IN, Brian Shepherd, 1426 Lincoln Way, Ligioner IN 46767, 219-894-4638
Feb 16, 2002 7pm Sat	L	FWTC Volleyball Night (Free), IPFW Hillard Gates Center, Fort Wayne, IN, Judy Tillapaugh, 219-481-6647, email: <a href="mailto:tillapu@ipfw.edu">tillapu@ipfw.edu</a>

## Races from 02/01/2002 to 04/28/2002

Date/Time	Local Points	Race Information
Feb 16, 2002 9am Sat	R	Hoosier State Games Training Series, 7K, Cnr Washington & Meridian, Indpls, IN, Tuxeudo Brothers, 812-234-9944, email: <a href="mailto:tuxbro@ameritech.net">tuxbro@ameritech.net</a>
Feb 23, 2002 10:30am Sat	R	2002 Race for Literacy 4 Mile Relay, Two Person, Bellevue Rec Ctr, Bellevue, OH, Vicki Schoen, 11913 Potter Rd, Bellevue, OH 44811, 419-483-2526
Feb 23, 2002 10am Sat	R	ACS Whitley County Relay for Life, 5K run/walk, Mosches Park, Columbia City, IN, Gary Bird, 670 Keiser Road, Columbia City, IN 46725, 219-244-4408, email: <a href="mailto:garybird@onemain.com">garybird@onemain.com</a> , web site: <a href="http://user.whitleynet.org/keepingpace">http://user.whitleynet.org/keepingpace</a>
Feb 23, 2002 7am Sat	R	19th Annual Blue Angel Marathon, Mar, 1/2Mar, & 5K, Naval Air Station Penscola, Pensacola, FL, (850) 452-4391, web site: <a href="http://www.mwr-pcola.navy.mil">http://www.mwr-pcola.navy.mil</a>
Feb 23, 2002 Sat	R	Polar Bear Run/Walk, 5M, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email: <a href="mailto:klong@kenlongassoc.com">klong@kenlongassoc.com</a> , web site: <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
Feb 24, 2002 10am Sun	R	TRRC 25K, 25K & 5K Pred, Oak Openings Metropark (Mallard Lake), OH, Dennis Scott, 419-478-6405, web site: <a href="http://www.toledoroadrunners.org">http://www.toledoroadrunners.org</a>
Mar 02, 2002 Sat	R	Derby Dash, 5 Mile & 2 Mile Walk & Kid's K, Sam Houston Race Park, Houston, TX, Ray Boytim(In Tribute to Joyce), Bayou City Road Runners, email: <a href="mailto:boltz22@swbell.net">boltz22@swbell.net</a> , web site: <a href="http://www.derbydash.com">http://www.derbydash.com</a>
Mar 09, 2002 2pm Sat	R	*24th Beer Bottle Open, 4M, Columbus Grove HS, Columbus, OH, Jerry Bunn, 206 Hall Ave Columbus OH 45830, 419 659-5702, email: <a href="mailto:jbunn@woh.rr.com">jbunn@woh.rr.com</a>
Mar 09, 2002 9am Sat	R	9th Race Thru History, 5M Run/3M Walk, Crown Hill Cemetery, Indpls, IN, Indy Runners, 317-290-RUNR, web site: <a href="http://www.indyrunner.org">http://www.indyrunner.org</a>
Mar 10, 2002 2:00pm Sun	R	Churchhill's 35th Half Marathon, 13.1M, Perrysburg, OH, email: <a href="mailto:tbayford@access Toledo.com">tbayford@access Toledo.com</a> , web site: <a href="http://www.toledoroadrunners.org">http://www.toledoroadrunners.org</a>
Mar 10, 2002 9am Sun	R	3rd Annual Catch a Leprechaun, 30K, 15k, 5K, Nortn Coast Nautilus, Avon Lake, OH, Rick Cadwell, 445-G Avon Belden Rd., Avon Lake, OH 44012, 440-933-8075
Mar 15, 2002 9am Fri	R	St Patrick's Day Race, 5 Mile Run/Walk, Downtown Indy, Indpls, IN, Tuxedo Brothers, 317-733-3300
Mar 16, 2002 10am Sat	R	Wearin' of the Green, 5K/10K Prediction, Pearson Metropark, Oregon, OH, Edward O'Reilly, 7240 Salisbury Rd, Maumee, OH 43537, 419-867-1490, email: <a href="mailto:WearinTheGreen17@aol.com">WearinTheGreen17@aol.com</a>

## Races from 02/01/2002 to 04/28/2002

Mar 16, 2002 7 am Sat	R	KUTUS6, 60K & 50Miles, Cave Run Lake, Moorehead, KY, Herb Hedgecock, UPO 836 MSU, Moorehead, KY 40351, 606-674-6286, email: <a href="mailto:h.hedgec@morehead-st.edu">h.hedgec@morehead-st.edu</a> , web site: <a href="http://people.morehead-st.edu/fs/h.hedgec">http://people.morehead-st.edu/fs/h.hedgec</a>
Mar 23, 2002 9:00am Sat	LP	Nutri-Runs, 20K (Pts Race) & 5M, The Chapel, Fort Wayne, IN, Sam Stephens, FWTC PO Box 11703, Ft Wayne, IN 46860, (219) 471-1688, email: <a href="mailto:nutrirun@yahoo.com">nutrirun@yahoo.com</a> or <a href="mailto:samstephen5@aol.com">samstephen5@aol.com</a> , web site: <a href="http://www.fwtc.org/nutrirun">http://www.fwtc.org/nutrirun</a>
Mar 23, 2002 9:30 am		Easter 5K Run/Walk, 5K, Dogwood Shelter at Hawthorn Park, Terre Haute, IN, 812-234-9944, email: <a href="mailto:fasttrac@gte.net">fasttrac@gte.net</a> , web site: <a href="http://www.fasttrackonline.com/holiday.htm">http://www.fasttrackonline.com/holiday.htm</a>
Mar 23, 2002 Sat	R	Mountian Goat Hill Runs/Walk, Danville, IL, Warc Reddy, (217) 431-4243, email: <a href="mailto:kennekuk@net66.com">kennekuk@net66.com</a>
Mar 24, 2002 1:00pm Sun	R	33rd Annual Sam Costa Half Marathon, 13.1 Miles, Clay Jr. High, Carmel, IN, Indy Runners, 317-290-RUNR, web site: <a href="http://www.indyrunners.org">http://www.indyrunners.org</a>
Mar 30, 2002 6am Sat	R	McNaughton Park Ultra, 50K and 50 Miles, Pekin, IL, Andy Weinberg, 812 Chestnut, Pekin, IL 61554, 309-346-3601, email: <a href="mailto:aweinberg@pekinhigh.net">aweinberg@pekinhigh.net</a>
Mar 30, 2002 Sat	R	Bedford Fitness Challenge 5k, 5K, Bedford, IN, Bill Deckard, (812) 275-0403, web site: <a href="http://www.RunBloomington.com">http://www.RunBloomington.com</a>
Mar 31, 2002	R	Smoke Free Indiana Distance Classic, 15K, 4M Walk & Kids Events, Downtown Indpls, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email: <a href="mailto:klong@kenlongassoc.com">klong@kenlongassoc.com</a> , web site: <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
Apr 06, 2002 8:30am Sat	R	4th Annual Lighthouse, 13.1M, 5K Run/Walk, Huron HS, Huron, OH, Huron Chamber of Commerce, PO Box 43, Huron, OH 44839, 419-433-5700, email: <a href="mailto:chamber@huron.net">chamber@huron.net</a>
Apr 06, 2002 8am Sat	R	Ed Dibble Towpath 19-mile, 19 Miles, Farnsworth Metropark, OH, Louis Miklovic, 419-868-1295, web site: <a href="http://www.toledoroadrunners.org">http://www.toledoroadrunners.org</a>
Apr 06, 2002 9am Sat	LP	IPFW Mastodon Stomp, 5K Run/Walk & 1M Kids Run, IPFW, Fort Wayne, IN, Judy Tillapaugh, 219-481-6647, email: <a href="mailto:tillapau@ipfw.edu">tillapau@ipfw.edu</a>
Apr 07, 2002 2pm Sun	R	Fool's Frolic, 5K & 1 Mile, Bixler Lake, Kendallville, IN, Brian Shepherd, 1426 Lincolnway, Ligonier, IN 46767, 219-894-4638, email: <a href="mailto:shirt@ligtel.com">shirt@ligtel.com</a>

## Races from 02/01/2002 to 04/28/2002

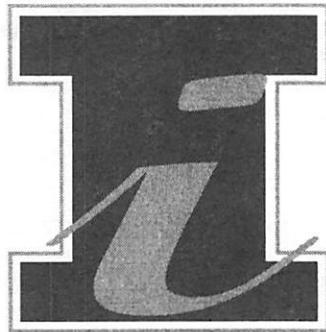
<u>Edit</u>	Apr 07, 2002 8:00am Sun	R	Van Wert Marathon & Half-Marathon, 26.2M & 13.1M, Van Wert, OH, Mark Alstaetter or Ed Jacob, 802 S Walnut St., Van Wert, OH 45891, (419) 238-3559 or 238-4890, email: <a href="mailto:kiggs@bright.net">kiggs@bright.net</a> or <a href="mailto:edjanebc@aol.com">edjanebc@aol.com</a> , web site: <a href="http://On Line registration: active.com">http://On Line registration: active.com</a>
<u>Edit</u>	Apr 13, 2002 6:15am	R	Bull Run Run, 50 Miles, Bull Run, VA, Scott Mills, VHTRC, email: <a href="mailto:ilkrunn@aol.com">ilkrunn@aol.com</a> , web site: <a href="http://www.vhrtc.org/brr">http://www.vhrtc.org/brr</a>
<u>Edit</u>	Apr 20, 2002 9am Sat	RP	Shoe-Sucker Seven, 7.2M trail, Kil-So-Quah Campground, Huntington Reservoir, Huntington, IN, Rick Beemer, 5327 W 200 N, Huntington IN 46750, 219-356-6338, email: <a href="mailto:rickybeemer@yahoo.com">rickybeemer@yahoo.com</a>
<u>Edit</u>	Apr 21, 2002 8am Sat	R	Glass City Marathon, 26.2M, Toledo, OH, Pat Wagner, 130 Yale, Toledo, OH 43614, 419-385-7025, email: <a href="mailto:jpatmann50@aol.com">jpatmann50@aol.com</a> , web site: <a href="http://www.toledoroadrunners.org">http://www.toledoroadrunners.org</a>
<u>Edit</u>	Apr 21, 2002 Sun	R	St Francis Hospital & Health Cts, 10M, Franklin HS, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email: <a href="mailto:klong@kenlongassoc.com">klong@kenlongassoc.com</a> , web site: <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
<u>Edit</u>	Apr 27, 2002 Sat	R	Country Music Marathon, 26.2 & 13.1, Centennial Park, Nashville, TN, 615-742-1660, web site: <a href="http://www.cmmarathon.com">http://www.cmmarathon.com</a>

## Races from 04/29/2002 to 05/19/2002

Date/Time	Local Points	Race Information
May 04, 2002	R	RRCA Convention @ Elizabeth River Run 10K, 10K, May 2-5, 2002, Norfolk, VA, Road Runners Club of America, c/o Tidewater Striders, 703-836-0558, email: <a href="mailto:convention@rrca.org">convention@rrca.org</a> , web site: <a href="http://www.rrca.org">http://www.rrca.org</a>
May 11, 2002 8:30am Sat	L	Nick Denice Race for Hope, 10K run/5K walk, Baseball diamond at the corner of Aboite Center Road & Westlakes Drive., Fort Wayne, IN, Carolyn Denice, PanCAN, PO Box 40092, Ft Wayne, IN 46804, (219) 434-4075, email: <a href="mailto:cdenice@pancan.org">cdenice@pancan.org</a> , web site: <a href="http://www.theraceforhope.org">http://www.theraceforhope.org</a>
May 11, 2002 9am Sat	R	Cherry Fest 10K, 10K & 1M Fun Run, Whitehouse, OH, Angie Kuhn, Whitehouse Cherry Fest 10K, PO Box 2476, Whitehouse, OH 43571, 419-877-0296
May 12, 2002 1pm Sun	R	Mother's Day Run, 5M Run, 3M Walk, 1M Run, Youth Center, Kendallville, IN, Kendallville Parks and Recreation Department, 211 Iddings St, PO Box 516, Kendallville, IN 46755
May 18, 2002 9am Sat	R	Run for Fun, 10K & 5K, Warsaw, IN, Bill Crane, (219) 268-1236, email: <a href="mailto:wcrane77@hotmail.com">wcrane77@hotmail.com</a>

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